

Treating and Preventing Adolescent Mental Health Disorders: What We Know and What We Don't Know (Adolescent Mental Health Initiative)

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Following on the heels of the widely acclaimed A Guide to Treatments That Work (OUP, 2002) by Nathan and Gorman, Treating and Preventing Adolescent Mental Health Disorders brings together a distinguished group of psychiatrists and clinical psychologists to provide a groundbreaking, evidence-based survey of treatments and preventions for adolescents with mental health disorders.

The book, the very first to disseminate the findings of the Adolescent Mental Health Initiative sponsored by the Annenberg Foundation Trust at Sunnylands and the Annenberg Public Policy Center (APPC) of the University of Pennsylvania, addresses the current state of our knowledge about various mental health disorders in the teenage years, a developmental period when behavior and the brain are still "plastic." Here, six commissions established by the Sunnylands Trust and APPC pool their expertise on adolescent anxiety, schizophrenia, substance use disorders, depression and bipolar disorders, eating disorders, and suicide in sections that thoroughly define each disorder, outline and assess available treatments, discuss prevention strategies, and suggest a research agenda based on what we know and don't yet know about these various conditions.

As a meaningful counterpoint to its primary focus on mental illness, the volume also incorporates the latest research from a seventh commission-on positive youth development--which addresses how we can fully prepare young people to be happy and successful throughout their lives. Concluding chapters discuss other critical issues of particular relevance: the stigma of mental illness, the role of primary-care doctors and school-based mental health professionals in the detection and treatment of adolescent mental health problems, and the research, policy, and practice context for the delivery of evidence-based treatments. Integrating the work of eminent scholars in both psychology and psychiatry, this work will be an essential volume for academics and practicing clinicians and will serve as a wake-up call to mental health professionals and policy makers alike about the state of our nation's response to the needs of adolescents with mental disorders.

The Association of American Publishers' 2005 Award Winner for Excellence in Professional and Scholarly Publishing--Clinical Medicine

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Benjamin White:

Treating and Preventing Adolescent Mental Health Disorders: What We Know and What We Don't Know (Adolescent Mental Health Initiative) can be one of your beginner books that are good idea. We all recommend that straight away because this guide has good vocabulary which could increase your knowledge in vocabulary, easy to understand, bit entertaining but delivering the information. The author giving his/her effort that will put every word into delight arrangement in writing Treating and Preventing Adolescent Mental Health Disorders: What We Know and What We Don't Know (Adolescent Mental Health Initiative) nevertheless doesn't forget the main position, giving the reader the hottest and also based confirm resource information that maybe you can be considered one of it. This great information can certainly drawn you into new stage of crucial pondering.

Lynne Silva:

This Treating and Preventing Adolescent Mental Health Disorders: What We Know and What We Don't Know (Adolescent Mental Health Initiative) is new way for you who has intense curiosity to look for some information because it relief your hunger details. Getting deeper you in it getting knowledge more you know or you who still having small amount of digest in reading this Treating and Preventing Adolescent Mental Health Disorders: What We Know and What We Don't Know (Adolescent Mental Health Initiative) can be the light food in your case because the information inside this book is easy to get through anyone. These books develop itself in the form which is reachable by anyone, yeah I mean in the e-book type. People who think that in book form make them feel tired even dizzy this publication is the answer. So there is not any in reading a reserve especially this one. You can find what you are looking for. It should be here for you. So , don't miss the idea! Just read this e-book style for your better life as well as knowledge.

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