

Mindful Mosaic: Abstract Doodles to Color

JoAnne Lehman



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Is that a shell? A pile of rocks? Waves, leaves, clouds? A stained glass window? Or just an inviting group of lines and shapes? And what do you want to do with it? It's all up to you, and it doesn't matter what you decide. This coloring book is a no-pressure invitation -- to play, explore, focus, dream, or rest.

These 45 abstract, mosaic-style doodles can stimulate your imagination, free you from constraints, and pull you into a whimsical world of color. Color the shapes, color the spaces between the shapes, or color both. Emphasize patterns or fill spaces randomly. Use ninety-six colors or six, or just one! Get out a fine-tip pen and add to the designs -- draw in borders, or shapes within or around the given shapes. There are even some blank pages at the end to fill with your own completely original doodles.

Note: Drawings are printed on only one side of the page.

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