

The Secret of Parenting: How to Be in Charge of Today's Kids--from Toddlers to Preteens--Without Threats or Punishment

Anthony E., Ph.D. Wolf



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Essential advice from the author of the bestselling Get Out Of My Life

Today's children--from toddlers to preteens--challenge their parents in ways that would have been unthinkable a generation ago, notes Anthony E. Wolf, and parents are often uncertain about how to cope.

In his new book, Wolf presents a fresh perspective on this less pleasant behavior and a surprisingly simple method for dealing with it. He argues that punishments and rewards don't work and may even be counterproductive. Instead, parents must act swiftly and decisively following Wolf's easy but powerful technique. Using numerous examples of effective and ineffective parent-child interactions, he offers practical advice on a wide range of basic issues, from tantrums and back talk, to getting kids off to school in the morning and eliminating sibling fights.

Humorous and easy to use, *The Secret of Parenting* is guaranteed to dramatically increase the joy parents get from raising their children.

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