



A Passion for Vegetables: Simple and Inspired Recipes from Around the Globe

Paul Gayler

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A PASSION FOR VEGETABLES is a feast of innovative and sensational recipes from one of the world's most brilliant chefs. Acclaimed for his creative cuisine, Paul Gayler celebrates the versatility, color, texture, and taste of vegetables in this modern collection of recipes, including:

Thai Coconut-Scented Eggplant
Southern-Style Okra Succotash
Swiss Chard and Pear Tart
Coriander Mashed Potatoes with Charred Chiles
Tunisian Carrot Salad

Imaginatively deploying more than sixty different vegetables from across the globe (from Swiss chard to choi sum, Jerusalem artichokes to kohlrabi), he covers every course, starting with delectable appetizers and even finishing with some vegetable-inspired desserts.

The intricacies of vegetable selection, storage, preparation, and nutritional value are also discussed in detail, and presented alongside more than 150 original, inventive recipes and dazzling full-color photographs, making A PASSION FOR VEGETABLES both a stunning visual treat and an undeniable taste sensation. An informative glossary of terms is also included.

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