



# Adult Coloring Book: Heart Mandalas Stress Relief Designs

*Sylvie Nicolle*

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**Adult Coloring Book: Heart Mandalas Stress Relief Designs** Sylvie Nicolle

**Color your heart out!**

**Beautiful heart mandala designs that adults would enjoy coloring for stress relief and relaxation.**

- A collection of 35 unique heart mandala designs.
- One-sided pages; only one image printed on each sheet.
- Designs are of various difficulty levels.
- Provides hours and hours of stress relief, relaxation, creative expression and fun.
- High-resolution images.
- A comfortable and convenient 8.5" x 11" size.
- Join millions of adults all around the world who are rediscovering the joy of coloring.

Relax and de-stress with this creative and calming mindfulness collection of beautifully drawn heart designs. I hope you enjoy your journey through my creative world!

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