



Best of Irish Meat Recipes (Best of Irish)

Biddy White-Lennon

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Meat has been central to Irish food culture for thousands of years. These fifty inspiring recipes feature beef, lamb, pork, poultry, game, and dishes using cured, spiced and smoked meats. There are traditional dishes such as Irish stew, Michaelmas roast goose, Bacon and cabbage; local specialties like Cork crubeens and Dingle pies. Recipes from leading Irish chefs put a modern twist on traditional dishes: Roast loin of farmed boar stuffed with poitin-soaked prunes and black-pudding mash, Beef and oyster pies with stout, Air-dried Connemara lamb with wild Irish salad, Beef fillet baked in a turf crust, roast haunch of venison with rowan jelly. Details of customs, folklore and Irish regional food traditions provide a fascinating background to the recipes.

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