



FOODMARES: The Crazy, Food Induced Dreams of Dashel Gabelli

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Food is Good. Sleep is Good. Ever wonder what happens when you combine the two? Why, it can only be Good! Dashel Gabelli spent nearly twenty years of unorthodox, highly questionable, pseudo-research compiling information on just what happens when you eat different combinations of food before going to sleep! Dashel takes you from the spark of the idea through to trying to get published - with a whole bunch of the weirdest, most detailed dreams heard of anywhere spread out somewhere in the middle. A highly humorous collection of detailed dream sequences guaranteed to make you laugh, smile, or make you think twice about eating that pot roast, chili and coleslaw concoction that you have sitting in the fridge - in the moldy plastic container -before going to sleep again!

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