

Don't Just Stand There: How to Be Helpful, Clued-In, Supportive, Engaged & Relevant in the Delivery Room

Elissa Stein, Jon Lichtenstein



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Don't Just Stand There delivers! Written by a husband and wife team, this guidebook outlines everything an expectant father needs to know to navigate the big day. Dads get clear direction on what to bring, how to calm and soothe, what to say and, more important, what to definitely not say. A chapter on the stages of labor makes it easy to track what's happening when, while guiding mom to mention her preferences ahead of time. With witty illustrations and confidence-inspiring advice throughout, it's an essential for expecting parents.

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