



The 15-Minute Gourmet: Vegetarian

Paulette Mitchell

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Here is a terrific collection of easy recipes that will appeal to both busy vegetarians and meat-eaters who enjoy making vegetarian dishes because they are quick, tasty, and nutritious. This book, previously published as The 15-Minute Vegetarian Gourmet and updated for this series, proves that tasty, satisfying, and healthful meatless meals can be ready in a jiffy. Recipes include: Italian Garden Frittata, Potato Salad with Light Pesto Vinaigrette, Moroccan Chick Pea Soup, and Herbed Macaroni Parmesan.



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